

EQUALITY / NON- VIOLENCE

Negotiation and Fairness

Seeking mutually satisfying resolutions to conflict; accepting change; being willing to compromise.

Non-Threatening Behaviour

Talking and acting so that she feels safe and comfortable expressing herself and doing things.

Respect

Listening to her non-judgementally; being emotionally affirming and understanding; valuing opinions.

Trust and Support

Supporting her goals in life; respecting her right to her own feelings, friends, activities and opinions.

Honesty and Accountability

Accepting responsibility for self; acknowledging past use of violence; admitting being wrong; communicating openly and truthfully.

Responsible Parenting

Sharing parental responsibilities; being a positive, non-violent role model for the children.

Shared Responsibility

Mutually agreeing on a fair distribution of work; making family decisions together.

Economic Partnership

Making money decisions together; making sure both partners benefit from financial arrangements.